

Savvy Skills Workshops

Workshop Description

Becoming Responsible Digital Citizens

The girls will be provided with the realities of cyber space and gives practical tips for becoming a responsible digital citizen. Topics include questions to think about before posting online, Do's and Don'ts of being a responsible citizen; discussion about apps, cyberbullying and sending inappropriate photos and tips for general safety and protection.

Financial Readiness

An interactive card game designed to facilitate personal reflection and motivate change. Basic budgeting and goals will also be covered, so students are able to learn about how to make attending college a reality.

STEM Careers

Students will explore different avenues of careers in STEM. They will learn about different paths to these careers, and how they can prepare themselves to be competitive in their fields.

Food & STEM

Food and STEM are a natural connection. In this session, girls will learn about the different STEM concepts that can be explored in food: nutrition, chemistry, mathematics, etc.